



## Vulcan County Regional Emergency Management Partnership (VCREMP)

NOVEMBER 18, 2020

RE: COVID-19 Update 88 (RED text indicates web link & New Information in BLUE)

### IMPORTANT UPDATE FOR IMMEDIATE RELEASE

Vulcan County remains in the “ENHANCED” category as active cases increase within Vulcan County. These active cases are within borders of Vulcan County, or the urban municipalities within, and do not include cases from neighboring areas such as the Siksika Nation.

COVID Numbers within Vulcan County are as follows:

- 88 Active Case(s)
- 86 Recovered
- 3 Fatalities

Cases have been increasing at an alarming rate within the Vulcan County region, please keep up the hard work in following proper personal hygiene and cleaning practices. Please follow these guidelines and watch your municipal websites for further updates.

Active cases within the Province now stand at 10,057. Recoveries within the Province now stand at 31,192.

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum, observe social distancing and avoid touching your face without first washing your hands.

With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established. Please ensure you are taking the proper precautions.

**As per Chief Medical Officer of Health Order #37 Part 1- Indoor Group Fitness and Sport Activities; any players from Calgary Metropolitan Region and Edmonton Metropolitan Region should NOT be travelling from their communities to other ENHANCED or non-affected areas for games or practices.**



## Measures: Vulcan County and Urban Municipalities Within

	Vulcan County Region	Calgary Area <sup>1</sup>	Edmonton Area <sup>1</sup>	Lethbridge	Red Deer
No social gatherings inside your home or outside of your community	In Place	In Place	In Place	In Place	In Place
15-person limit on family & social gatherings	In Place	In Place	In Place	In Place	In Place
Limit of 3 cohorts, plus child care	In Place	In Place	In Place	In Place	In Place
Mask use encouraged in all indoor workplaces	In Place	In Place	In Place	In Place	In Place
Employers in office settings to reduce employees in the workplace at one time	In Place	In Place	In Place	In Place	In Place
Restaurants/pubs stop liquor sales by 10pm, close by 11pm (Nov 13-27) <sup>2</sup>	In Place	In Place	In Place	In Place	In Place
Ban on indoor group fitness classes & team sports (Nov 13-27) <sup>3</sup>	No	In Place	In Place	In Place	In Place
Ban on group singing, dancing & performing activities (Nov 13-27) <sup>4</sup>	No	In Place	In Place	In Place	In Place



50-person limit on wedding and funeral services (indoor & outdoor)	In Place	In Place	In Place	In Place	In Place
Faith-based gatherings limited to 1/3 capacity	In Place	In Place	In Place	In Place	In Place

**Why These Measures Are Needed**

The Province is implementing these actions now to help slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between transmission and new case identification. This means the cases we see today were infected up to 2 weeks ago.

**What Else You Can Do**

Continue following existing public health measures to keep ourselves and others safe:

- Keep 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
  - if negative, stay home until you are better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic

As a refresher, VCREMP has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)



## Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

### Open

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

### Watch or Enhanced

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

### Enhanced

- risk levels require enhanced public health measures to control the spread
- informed by local context

### Program Availability If You Have Been Effected by COVID-19

There are a number of programs available through the Federal Government as a response to COVID-19. These programs are available for businesses, individuals, or families. For a complete list of programs please visit: <https://www.canada.ca/en/department-finance/economic-response-plan.html>

Local assistance can also be provided through the Vulcan & Region Family Community Support Services. Program information can be found on their website at <http://www.vulcanandregionfcss.com> or by phoning their office at (403)485-2192 during regular business hours.

### 811 Health Link

Once again, people experiencing 7symptoms are to take the [online](#) self-assessment. As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others

- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

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